



Benjamin Murphy

is a visual artist and writer based between London and Helsinki.

Born in West Yorkshire, Benjamin now exhibits globally. He holds one Bachelors degree and two Masters degrees, specialising in Contemporary Fine Art.

His current work explores themes of polarity, time, memory, and contrast – often rendered in charcoal on raw canvas.

He is the co-founder and co-director of Delphian Gallery, and is an associate lecturer at the University of the Arts London.

He enjoys reading, skateboarding, boxing, and talking about himself in the third person.

- *“Benjamin’s work makes me question every belief I hold dear.” – Jake Chapman*
- *“Benjamin makes his work about life and death, the perennial concerns of young men.” – Billy Childish*
- *“...this is a multifaceted talent who choses to focus his art on an aesthetic and ethos that is so well-rounded and thought-out that many artists working a lifetime would be jealous of.” – Andrew Salgado*
- *“Yeah, looks alright.” – Grayson Perry*

Education

Masters Degree in Academic Practice – University of the Arts London

Masters Degree with Merit – Contemporary Fine Art – The University of Salford

Bachelors Degree – Graphic Design – The University of Salford

AVCE (B,C) Art and Design – Leeds College of Art

Masterpieces of World Literature: Fictions of the Modern World – Harvard University(EdX Online)

The Original Spirit of Western Philosophy – Tsinghua University (EdX Online)

Shakespeare Matters – Adelaide University (EdX Online)

Philosophy and Critical Thinking – The University of Queensland (Edx Online)

Justice – Harvard University (EdX Online)

SELECTED PAST EXHIBITIONS

SELECTED SOLO SHOWS

2025 / Unknown Pleasures – Surr Gallery Los Angeles, California, USA
(forthcoming)

2024 | Inevitable Decline – The Betancourt Gallery Miami, USA

2023 | Iconoclasm – Union Gallery, London UK
2022 | DISASTERPIECE – Lychee One Gallery, London UK
2021 | Petrol/Station/Flowers – Lychee One Gallery London
2016 | Gilded Chaos – Beers Contemporary (London)

RESIDENCIES

2025 | CCA Gallery Residency – Mallorca, Spain
2024 | Bed-Stuy Residency – New York, USA
2022 | Clovermill Residency (With Matt Macken) – Holland
2015 | Deaths and Entrances (solo show) – Mirada Gallery Ravenna, Italy
2024 | Nothing Is More Real Than Nothing (solo show) –Pescara, Italy
2013 | LuxUrban – Luxembourg

TWO PERSON SHOWS

2024 | Aphelion (With Nicholas Norris) – Galerie PJ Metz, France
2023 | Verso (With Lars Hempler) – Lene Bilgrav Aarhus
2022 | Ataraxia (With Rhiannon Salisbury) – Hew Hood Gallery London
2019 | Faded Glory (With Nick JS Thompson) – Book&Job Gallery San Francisco
2015 | Everything Must Go (With Hayden Kays) – London

SELECTED GROUP SHOWS

2025 |

From white to black and back - a66Gallery, Santanyí, Mallorca, Spain
Art OnO art fair – With Jari Lager Gallery Seoul Korea
Future Fairs art fair – With Youn Contemporary New York USA
POST/FUTURE – Saatchi Gallery x Delphian Gallery London UK

2024 |

Floral Arrangements – Auxier Kline Gallery New York USA
The Way of All Flesh – The Saatchi Gallery x Delphian Gallery London
Miracles in December – Youn Contemporary, Toronto Canada
Florist – Lokal Gallery – Helsinki, Finland
Papier 2 – Delphian Gallery Helsinki, Finland
Pienet Ilot – Toinen Silma Gallery Helsinki, Finland
Flower Power – Runo, Porvoo, Finland
Art Herning art Fair (with Lene Bilgrav Gallery) – Herning, Denmark
Éanáir (mini solo show) – Lokal Gallery Helsinki, Finland
Mustavalkoinen – Galleria Toinen Silma Helsinki, Finland

Flower Power – Runo Hotel Porvoo, Finland
Bazar – Lokal Gallery Helsinki, Finland

2023 |

Art Toronto Art Fair (With Duran Mashaal Gallery) – Toronto Canada
Origins – Rhodes Contemporary – London UK
Art Busan Art Fair (With Jari Lager Gallery) – Busan Korea
20 Year Anniversary – Union Gallery – London, UK
B&W – Duran Mashaal Gallery, Montreal, Canada
London Art Fair (With Union Gallery) – London, UK
Hanging Garden – Paja & Bureau – Helsinki, Finland
Out of Office – Asbestos Gallery – Helsinki, Finland
Papier – Delphian Gallery – Charente, France
Summer Showcase – Duran Mashaal Gallery, Montreal, Canada

2022 |

FunGalGroUpShow – Sade Gallery LA
Weeds Won't Wither – Jari Lager Gallery Cologne Germany
Art Busan Art Fair (With Jari Lager Gallery) – Busan Korea
Kiaf Art Fair (With Galerie Thomas Schulte) – Seoul Korea
Lust For Life – De Melkerij Veltem-Beisem Belgium
Daegu Art Fair (With Jari Lager Gallery) – Daegu Korea
Clovermill Residency – Holland

2020/2021 |

Dandelion – Delphian Gallery Basel
In Praise Of Darkness – Piermarq Sidney, Australia
Whelm – Leicester Contemporary
Backdoor Show – NBB Gallery Berlin, Germany
Wasteland – The Factory Project London, UK
Antisocial Isolation – The Saatchi Gallery London, UK (also curating)
Brindar Con Extraños (curated by Francisco Mendes Moreira) – Trinta Arte Contemporánea, Spain
Online Viewing Room – Pt. 2 Gallery Oakland, USA
Live From The Deep End – Gobstopper Gallery Philadelphia USA
Online Viewing Room – Pt.2 Gallery Oakland USA

CURATED SHOWS

2024 |

The Way of All Flesh – Saatchi Gallery x Delphian Gallery – London, UK
Papier 2 – Delphian Gallery Helsinki
Haunted by Paradise (David Gardner solo show) – Wilder Gallery London
Delphian Open Call winners 2024 – Unit 1 Gallery London
Twenty Two (Naomi Boiko-Stapleton solo show) – Unit 1 Gallery London
Pienet Ilot – Toinen Silma Gallery Helsinki
Art on a Postcard 10 Year Anniversary (guest curator) – Gathering Gallery London UK

2023 |

Ill Met by Moonlight (Georg Wilson solo show) – Delphian Gallery/Artsy
Papier – Delphian Gallery Charente France
Delphian Open Call winners 2023 – Unit 1 Gallery London

2022 |

Synthesis – Saatchi Gallery London
The Uncanny Valley (Conor Murgatroyd & Peter Doyle) – The Room London
Delphian Open Call – Unit 1 Gallery London
Delphian Residency – La Cour de Husson France

2021 |

In Praise Of Darkness – Piermarq Gallery Sidney
Pulling Faces – (Igor Moritz debut UK solo show) – Delphian Gallery London
femininity – Rhiannon Salisbury solo show – Delphian Gallery London
Following Nature – Una Ursprung solo show – Delphian Gallery London
Relax, The Universe is Expanding – David Shillinglaw solo show – Delphian Gallery London
Fatal Shadow and Narcissus (Cathy Tabbakh & Elizabeth Power) – Delphian Gallery London
Origin – Delphian Gallery London
Wasteland – Delphian Gallery London

2020 |

The Doors Of Perception (Florence Hutchings solo show) – Delphian Gallery Paris

Antisocial Isolation – The Saatchi Gallery London

2019 |

Delphian X Guts – The Factory London

Habitual Submission – (Rhiannon Salisbury) – Delphian Gallery London

Divergent Motion – Delphian Gallery London

Open Call –Delphian Gallery London

A Long Way from Home – (Igor Moritz & Kevin Perkins) –Delphian Gallery London

Some Pieces of Mind – (Bertrand Fournier debut UK solo show) –Delphian Gallery London

Open Call –Delphian Gallery London

2018 |

Seating Arrangement – (Florence Hutchings debut solo show) –Delphian Gallery London

Diary of an Introvert – (Jordy Kerwick debut uk solo show) –Delphian Gallery London

Open Call –Delphian Gallery London

Lost Coast (Carson Lancaster debut UK solo show) – Delphian Gallery London

2017 |

Printswap – theprintspace London

Obscurely Prophetic –Delphian Gallery London

2016 |

Relics – BSMT Space London

Defiance – John The Unicorn Peckham

2015 |

The Decline of Conscience– Hundred Years Gallery

Art on a Postcard 2 – Soho Revue

Art on a Postcard Moniker – Moniker Art Fair

2014 |

Art on a Postcard 1– Whitfield Fine Art Soho – 2014

2013 |

Group Collective Are Kunsts – The Factory Whitechapel

2012 |

Fuck Christmas – Hoxton Gallery

SPEAKING ENGAGEMENTS

For 6 years Benjamin held an academic post at University of the Arts London (LCC) as a Lecturer on IVM MA (Masters Degree).

Rosso Arts Academy Shanghai, Academy of Fine Arts Helsinki, Goldsmiths University, Instart Hangzhou China, Camberwell College of Arts, SKD art Beijing, University of Birmingham, The University of Bedfordshire, The Slade School of Fine Art, MaxSpace Academy Beijing, The University of Salford, The University of Brighton, VA International Arts Education China, The Factory/ Guts Gallery, Cluster Art Fair, Copeland Gallery, theprintspace, The Churchill War Rooms, Artiq, Loop.gl Art Prize, University of Ravenna, LuxUrban Luxembourg.

Benjamin is also a Fellow of the Higher Education Authority, as well as holding an MA in Academic Practice.

NETWORKING EVENTS

Finnish Painters Union – Winter Networking Event (Invited guest) – Helsinki Finland 2023

INVITED JUROR ENGAGEMENTS

MyMA August 2023 Guest Judge

The Loop 2015 Guest Juror

POETRY READINGS

Bring One Get Words Free – London 2022

WRITING ENGAGEMENTS

Navigating the Art World – Professional Practice for the Early Career Artist was released through Foolscap Editions in Spring 2020

The play Flowering Desolation was released in 2018.

Benjamin has self-published three poetry collections

Benjamin regularly contributes essays and articles to print and online publications, including:

FAD Magazine (Online)

This Is Tomorrow (online)

AfterNyne Magazine (print and online)

Assemblage Magazine (online)

55 Pages (print and online)

ArteFuse (online)

Young Artists in Conversation (online)